# Thank you for using this template to prepare your manuscript for your submission to the *Journal of Gerontology and Geriatrics*.

# PLEASE PAY CAREFUL ATTENTION TO THE AUTHOR GUIDELINES ([Author Guidelines](http://www.jgerontology-geriatrics.com/about/submissions#authorGuidelines))

# Using This Template

The template consists of essential headings along with a body text explaining what to include in each section. You can overwrite (or copy and paste) the body text within the corresponding section of your article. You can add further headings as needed and delete the examples and unnecessary text. Please adhere to the font type and size. Finally, please use British English grammar and spelling, e.g.: tumour, colour, analyse. While accepted articles will be copyedited for consistency, Authors should make every effort to submit a manuscript that is grammatically correct, which will also aid in the review process. Please pay attention to correct use of decimals (e.g. 1.37, and not 1,37). Articles not meeting general stylistic criteria upon submission may be returned to the Authors for additional modification.

Be sure to display line numbers (1, 2, 3…) in the left margin of the manuscript, as shown in this template. Line numbering should be continuous throughout the entire manuscript, from the first to the last page.

**FIRST PAGE**

**Title**

The title (max 150 characters, including spaces) should be concise, allowing easy electronic retrieval of the article. It should be understandable to readers outside specific fields. Avoid special abbreviations if possible.

**Running title**

Provide a short comprehensive title of no more than 50 characters, including spaces.

**Authors**

Please list all the Authors, providing the first name, surname, and affiliation (use numbers in superscript when more than one affiliation). List ORCID ID alongside respective authors, when available. Do not add any degrees or titles.

e.g: Eugenio De Corso1, Maria Raffaella Marchese1, Ottaviani Fabrizio2, Gaetano Paludetti1

**Affiliation(s)**

Department, university or organization, city, state/province (if applicable), and country - for all Authors.

**Article Type**

Categorize your article in one of the following: *Original Investigation / Short Communication / Review / Ethics Review / Clinical Guidelines / Hypothesis Paper / Editorial / Commentary / Clinical Experience / Case Report*

**Please see the table below indicating the Article Types for each Section**

|  |  |
| --- | --- |
| Translational Research in Gerontology and Geriatrics | * **original investigations**
* **short communications**
* **reviews**
* **clinical guidelines**
* **hypothesis papers**
 |
| Clinical Geriatrics | * **original investigations**
* **short communications**
* **reviews**
* **ethics reviews**
 |
| Geriatrics and Gerontology Elsewhere | * **editorials**
* **commentaries**
* **hypothesis papers**
 |
| Clinical Observations in Geriatrics | * **clinical experiences and case reports**
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Name and Surname, complete mailing address, telephone and fax numbers, e-mail address.

The Abstract and the Main Text of the paper should be written 1.5 line spacing.

**Abstract**

The abstract should not exceed 250 words should be structured in: Objective, Methods, Results, Conclusions.

**Key words**

Provide up to 5 keywords using MESH terms for indexing purposes.

**MAIN TEXT FOR ORIGINAL INVESTIGATIONS AND SHORT COMMUNICATIONS**

For other article types *(Reviews / Ethics Reviews / Clinical Guidelines / Hypothesis Papers / Editorials / Commentaries / Clinical Experiences and Case Reports)* see “Specific instructions for article categories”, in the Author Guidelines ([Author Guidelines](http://www.jgerontology-geriatrics.com/about/submissions#authorGuidelines)).

There are no page or word limits for research reports, but manuscripts over 7000 words should be approved by the Editor-in-Chief before submission.

**Introduction**

The introduction should put the focus of the manuscript into a broader context, being clear to readers who are not experts in the field. The introduction should conclude with a brief statement on the overall aim of the study.

**Methods**

This section should provide enough information to allow other researchers to replicate the study.

**Results**

The results section should provide details of data required to support the conclusions of the paper. The section may be divided into subsections, each with a concise subheading (in *italics*). The past tense is recommended.

**Discussion**

This section should include a review of the key literature. Relevant controversies or disagreements in the field should be mentioned. The discussion should consider the major conclusions of the work along with explanation and/or speculation on their significance.

**Conclusions**

Conclusions and hypotheses should be firmly established/supported by the data presented, and any speculations should be clearly stated.

**Ethical consideration**

All manuscripts submitted to *Journal of Gerontology and Geriatrics* must include a statement detailing this, including the name of the ethics committee and the reference number where appropriate. In case a study has been granted an exemption from requiring ethics approval, this should be detailed in the manuscript, together with the name of the ethics committee that granted the exemption. Manuscripts may be rejected if the Editor considers that the research has not been carried out within an appropriate ethical framework.

If a study has not been submitted to an ethics committee prior to commencing, retrospective ethics approval usually cannot be obtained and it may not be possible to consider the manuscript for peer review. How to proceed in such cases is at the Editor(s)’ discretion.

Authors will be expected to have obtained ethics committee approval and informed patient consent for any experimental use of a novel procedure or tool where a clear clinical advantage based on clinical need was not apparent before treatment.

For retrospective/protocol studies in which only aggregate data (e.g., incidences of TB in a certain region) are analysed, the Ethical Approval by an appropriate Committee is usually not required, as the data cannot be traced back to specific patients.

**Ethical approval is required if your study involves human or animal subjects.**

This section can include various sub-headings that should be provided in italics: e.g. *Patients, Surgery, ELISA, Statistical analysis…*

**Acknowledgements**

Within this section, list those contributors who have not met the authorship criteria.

**Funding**

Authors should describe in the "Funding" section, at the end of the manuscript, all funding sources (e.g. full name of funding organizations, grant numbers). The role of the sponsor, if any, in the study design, in the acquisition analysis and interpretation of data, in drafting the manuscript should be briefly described. If the sponsor has not been specifically involved in the research this should be stated.

**Conflict of interest**

Authors must fully disclose any existing or potential conflicts of interest of a financial, personal or any other nature that could affect or bias their research. If applicable, authors are also requested to describe the role of the finding source(s) in the study design, data acquisition, analysis and interpretation, and writing of the manuscript. No potential conflicts of interest must also be explicitly stated.

**Authors’ contributions**

The individual contributions of authors to the manuscript should be specified in this section.

**References**

References should be cited in the text with consecutive numbers (superscript) and listed at the end of the manuscript following the citation order.

Only published or accepted manuscripts should be included in the reference list.

Multiple citations in the body of the text should be separated by commas. Please use citation range in case of more than two sequential citations. Example: “... has been shown previously 1,4-8,22”.

The format of the references listed at the end of the article should follow the examples indicated below. For papers with more than three Authors, the first three authors must be listed, followed by “et al.”. Abbreviate journal names as in Index Medicus.

**DOI name must be included with each reference (when available preceded by** [**https://doi.org/**](https://doi.org/)**).**

Examples:

Journal articles

Hou WR, Hou YL, Wu GF, et al. cDNA, genomic sequence cloning and overexpression of ribosomal protein gene L9 (rpL9) of the giant panda (Ailuropoda melanoleuca). Genet Mol Res 2011;10:1576-1588. https://doi.org/10.2230-3456-432.

Accepted, unpublished papers

Same as above, but “In press” instead of the page numbers or DOI.

Websites or online articles

Huynen MMTE, Martens P, Hilderlink HBM. The health impacts of globalisation: a conceptual framework. Global Health 2005;1:14 (Available: http://www.globalizationandhealth.com/content/1/1/14).

Books

Bates B. Bargaining for life: a social history of tuberculosis. 1st Ed. Philadelphia: University of Pennsylvania Press 1992.

Book chapters

Hansen B. New York City epidemics and history for the public. In: Harden VA, Risse GB, Eds. AIDS and the historian. Bethesda: National Institutes of Health 1991, pp. 21-28.

Deposited articles (preprints, e-prints, or arXiv)

Krick T, Shub DA, Verstraete N, et al. Amino acid metabolism conflicts with protein diversity; 1991. Preprint. Available: arXiv:1403.3301v1. (Accessed 17 March 2014).

Published media (print or online newspapers and magazine articles)

Fountain H. For already vulnerable penguins, study finds climate change is another danger. The New York Times, 29 Jan 2014 (Available: http://www.nytimes.com/2014/01/30/science/earth/climate-change-taking-toll-on-penguins-study-finds.html, Accessed 17 March 2014).

New media (blogs, websites, or other written works)

Allen L. Announcing PLOS Blogs. 2010 Sep 1 [cited 17 March 2014]. In: PLOS Blogs [Internet]. San Francisco: PLOS 2006 – . [about 2 screens] (Available: http://blogs.plos.org/plos/2010/09/announcing-plos-blogs).

Masters’ theses or doctoral dissertations

Wells A. Exploring the development of the independent, electronic, scholarly journal. M.Sc. Thesis, The University of Sheffield, 1999 (Available: http://cumincad.scix.net/cgi-bin/works/Show?2e09).

**Tables**

See “Specific instructions for article categories” in the Author Guidelines ([Author Guidelines](http://www.jgerontology-geriatrics.com/about/submissions#authorGuidelines)) for the maximum number of tables required.

Tables should be typewritten, numbered consecutively with Roman numerals, at the end of the text after the references. The same data should not be presented twice, both in the text and in the tables. Each table should be provided of a brief title, should be self-explanatory and cited in the text (e.g. Tab. I, Tab. II, etc.). Please insert any notes and explain all the abbreviations below each table.

**Figures**

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Figuresshould be uploaded as separate files (please do not include the figures in the text file) and should be cited in the main text numbered consecutively with Arabic numerals (e.g. Fig. 1, Fig. 2, etc.). Figure legends should be indicated at the end of the text file (after References and Tables) and allow the reader to understand the figures without reference to the text. All symbols used in figures should be explained. Remove any information that can identify a patient. Deduct from the text 1,250 characters including spaces for figures a quarter of a page in size, 2,500 characters including spaces half a page in size, and 5,000 characters including spaces entire page in size. Figures should be submitted in .TIFF or .JPEG format, resolution at least 300 dpi (IMPORTANT: maximum dimension for each single file/image is 2 Mb). **Authors are invited to send colour images.**

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The Authorship Statement form (Authorship Statement form) should be filled and signed by the Corresponding Author in agreement with all Authors, saved as .pdf and uploaded on the OJS during the submission process.